



## Encore Chair

The Encore chair was developed by the Royal Northern College of Music's Alexander Technique specialist, Malcolm Williams, in conjunction with Emma Farrand, Cello Tutor and member of the National Youth Orchestra. It was designed specifically to help the students and is now used extensively throughout the College. It also so impressed the BBC that they purchased a quantity for the BBC Symphony Orchestra!

“The Encore chair is fully supported by the Royal Northern College of Music”

Martin Angell,  
Purchasing Manager  
Royal Northern College of Music

The design of the Encore Chair recognises the fact that posture is an important consideration for musicians. Good posture when playing aids breathing and freedom of movement, whilst lengthening the spine naturally and strengthening the torso. Many musicians use the 'Alexander Technique' to improve their posture when playing seated orientated instruments such as violins, tubas and bassoons.

- Curved 'waterfall' seat edge and slender back help sustain a more upright and poised position
- Sturdy black tubular frame
- Choice of two floor to seat heights: 47cm or 49cm
- Choice of over 60 fabric colours
- Available ex stock in black. Three week delivery time on colours
- Move and Store Cart available



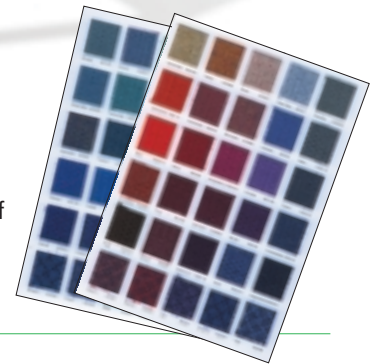
Price 1-10: £75.00 each\*

Price 11-49: £70.00 each\*

Price 50+: £65.00 each\*

\* Prices subject to delivery and VAT

Fabric colours overleaf



Contact us now for further information on the Encore chair.



## What to look for in a chair

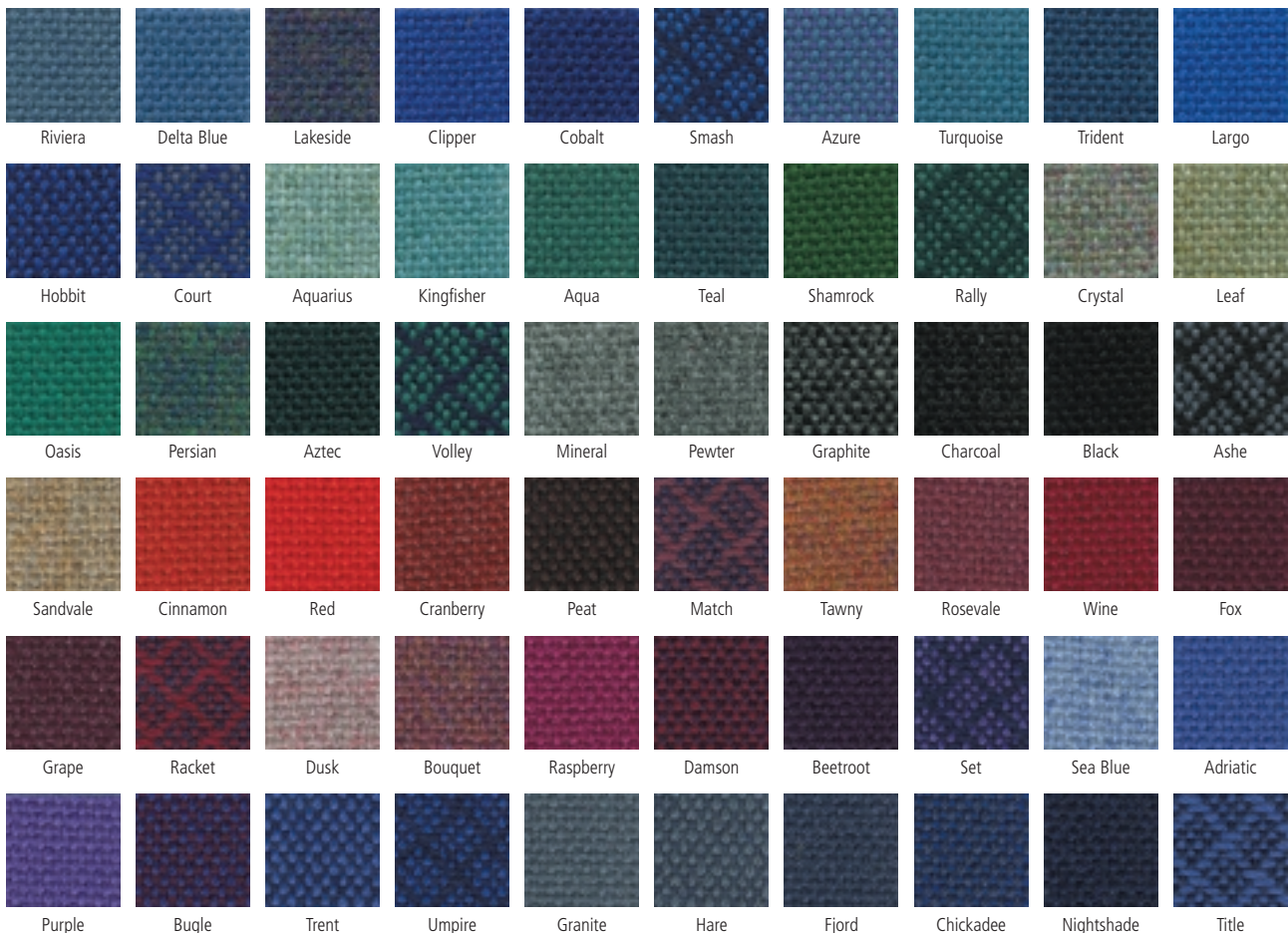
### Features of a good seat:

- Ideally the seat should be horizontal and flat to allow a range of positions and angles in relation to the back.
- A 'waterfall' edge at the front of the chair to aid musicians when leaning forward to adjust the score whilst preventing restricted circulation to the legs. Players who 'carry' their instruments are inclined to tuck one leg under the chair to increase stability, so the curved edge of the chair is especially beneficial to them.
- Curved side edges on the chair reduce the risk of damage to instruments which are placed to one side during periods of rest.
- The seat should be sufficiently well padded to prevent tiredness and discomfort during long rehearsals or performances.

### Features of a good back support on a chair:

- Good lumbar support will promote full and unrestricted breathing and prevent backward rotation of the pelvis which is particularly important to players who 'carry' heavy instruments (viola, violin, trumpet etc.)
- The back of the chair should be of good height to further assist carrying the instruments.
- A narrower back width will aid unrestricted arm movements when playing instruments such as the violin or horn, but will also allow tailcoats to be flicked behind when male musician sit.
- The back of the chair should be supported on a strong frame to assist comfort and confidence.

### Encore chair colour samples



Contact us now for a full brochure.



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